Lateral Flow Testing

 Accessible and easy to us
No lab required, with fast results

Safe technology

## **Dual Testing Step by Step Guide (Addendum)**

This Addendum explains the steps to completing dual testing and returning PCR swabs

## Quick guide to dual testing

## Complete your rapid test (LFD)

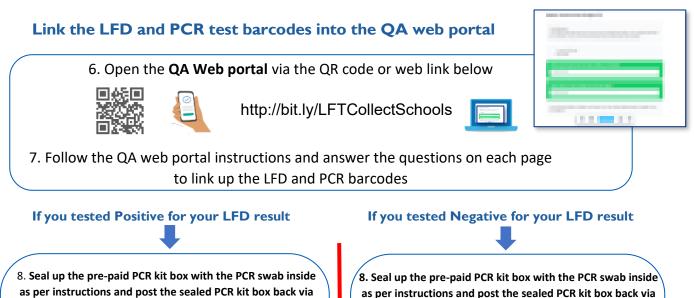
- 1. Complete LFD test and wait the recommended time for your result
- 2. Register your LFD result (Positive or Negative) as you do currently
  - 3. Keep a note of the LFD test result and barcode

(You will need the LFD device/barcode later)

## Perform your PCR test

4. Open PCR kit and follow instructions to complete PCR test

5. After completing the PCR test - keep a note of the PCR barcode (found on the vial or bio-hazard bag) and carefully package the swab into the Royal Mail flat pack box that was included as part of the PCR kit



Your nearest priority mail box can be found via https://www.royalmail.com/services-near-you#/

the Royal Mail Priority Mail box

In accordance with current government guidelines, please self-isolate if you have a positive LFD test.



