

The information below is in place to aid understanding of concussion and its treatment within school for both teachers and pupils.

In addition to the protocol below the following has taken place for all pupils taking part in rugby throughout the school.

- All pupils playing rugby in year groups 7-9 have had access to the concussion video on the RFU website
- All players playing rugby in years 10-13 have completed the online concussion questionnaire on the RFU website.
- Those pupils that have not been able to make these session above have been instructed to complete the above within their own time.
- Staff in charge of rugby teams through the school have completed the RFU questionnaire on concussion.

The guidelines below are set out in line with RFU guidelines on how to recognise and treat concussion.

1. Any knock to head, where the pupil complains of feeling dizzy through to being knocked unconscious, that pupil MUST be removed from the pitch immediately.

2. For suspected concussion during extra-curricular matches/training parents are informed and the pupil is picked up by the parent and a conversation between you and the parent MUST take place to ascertain the details of what happened. For suspected concussion during the day. The child must be taken to first aid or in severe cases first aid must be informed and they must attend the scene of the injury. In the case of an emergency situation then please go through the normal first aid procedure and contact an ambulance and inform parents/ a member of SLT as appropriate

3. Where the pupil has been knocked unconscious and/or shows symptoms of concussion (please see link below) that pupil will not take part in any extra-curricular sport for the school for three weeks (from the date of the injury). At this point written ' graduated return to play' permission must be sought from parents/ GP which states they are able to now take part in competitive/non-competitive contact sport.

Further information on concussion can be found at:

<http://www.englandrugby.com/my-rugby/players/player-health/concussion-headcase/coaches/>